

# DO MORE

Whether you are back from an expedition and want to do more, or interested in lending a hand, there is more you can do for the planet, for yourself and for Biosphere Expeditions. Here's how.

## BELOW IS JUST THE LIST OF HOW TO DO MORE

The full text with explanations, background, references and links is on [www.biosphere-expeditions.org/domore](http://www.biosphere-expeditions.org/domore)



### BE (radically) GREEN (see 20 TIPS overleaf)

The undeniable crisis our planet is in demands more action and activism. It demands a radical rethink of how we run our lives, societies and the way we treat our planet.

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### SPREAD THE WORD



Help us to help wildlife and people across the world by spreading the word. Word of mouth is by far the best way to get people excited. Talk to your family, friends, and colleagues about your experience and encourage them to join in too.

Share your experience, comments, pictures, videos on your social media and ours (see which sites we're on). This really does help to spread the word about us and our conservation work.

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### CONTRIBUTE YOUR TIME & SKILLS

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We always need people with skills who can help us out. Examples are skills in the outdoors, accounting, graphic design, IT, social media, research, etc.

On our website are some examples of what people have done to inspire you, as well as a list of projects that we need help with and that you can do from the comfort of your home.

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### JOIN the Friends of Biosphere Expeditions

The Friends of Biosphere Expeditions are people who feel passionate about providing continuous support to our wildlife conservation and research projects across the globe.

By joining the Friends you can play a vital part in making a real difference to the survival of our planet's endangered species.

### DONATE



Our work on the ground of course continues after you have left. And this work can always do with more support, so you can make a tax-efficient\* and project-specific donation via our crowd-funding website or straight into the accounts of our US 501(c)(3) charity, our German e.V. charity, or our UK or Australian non-profits.

Or you may have laptops, GPSs, video cameras, binoculars or other items to give away, which we or our partners can use.

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### RAISE FUNDS by involving your company, match-giving or direct fundraising.



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### AFFILIATES NETWORK

Use our

You can also support Biosphere Expeditions through our affiliates network ([www.biosphere-expeditions.org/affiliates](http://www.biosphere-expeditions.org/affiliates)).

Whatever the affiliate and our arrangement with them, commissions and perks gained from you using their services will always be ploughed back into our research and conservation work and to benefit our local partners wherever possible.

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### JOIN an ethical citizen science project

Locally: Volunteer at your local nature park or reserve and help support organisations that look after our wild places.

Abroad: Combining conservation with your holiday is a growing trend. Combining some time away from work or domestic chores with a great outdoors experience is good for our mental health as well as the environment.

And whatever you do, make sure you do not join a charlatan project! Read our Top Ten Tips ([www.biosphere-expeditions.org/10tips](http://www.biosphere-expeditions.org/10tips)) on how to avoid those.

Working in partnership with



More info [www.biosphere-expeditions.org/partners](http://www.biosphere-expeditions.org/partners)

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Overview of historic and current expeditions, dates and availability [www.biosphere-expeditions.org/map](http://www.biosphere-expeditions.org/map)